



Why a Pharmacist?

Pharmacists are medication experts with advanced training in disease management. They work collaboratively with other healthcare professionals to manage the complex interactions between medications, your body, and your health conditions.

Comprehensive Medication Management

For heart, kidneys, and metabolic conditions.

One team. One plan. All your needs.

What to Expect

Your visit may include:

- Problem-Solving Discussions
- Medication Review
- Health & Lab Review
- Personalized Plan Creation
- Lifestyle change recommendations
- Collaboration with your Healthcare Team

How to Get Started

Ask your healthcare team about Comprehensive Medication Management!

Service may be available at no cost to you depending on health insurance.



What is Comprehensive Medication Management?

Comprehensive Medication Management (CMM) is a pharmacist-led service that focuses on making sure all your medications are working their best for you.

Your pharmacist reviews:

- Prescriptions
- Over-the-counter medications
- Vitamins and supplements

Each medication is checked to ensure it is:

- Right for your condition(s)
- Working as intended
- Safe for your heart, kidneys, and blood sugar
- Easy for you to take

When conditions are connected, your care should be too.

Why Is CMM Important?

Heart disease, kidney disease, diabetes, and weight-related conditions are closely connected.

That means:

- Medications for one condition can affect another
- Kidney function can change how medications work
- Side effects and drug interactions are more common

CMM helps your medications work together, not **against** each other.



How CMM Helps You Reach Your Goals

Do your medications work for you?

CMM focuses on your personal goals, such as:

- Staying out of the hospital
- Minimizing medication side effects
- Taking fewer or simpler medications
- Having fewer medical visits